

**2023 CIF CENTRAL SECTION
SWIMMING & DIVING CHAMPIONSHIPS
Division 1**

Dates: May 3-6, 2023

Hosts: CLOVIS WEST HIGH SCHOOL
1070 EAST TEAGUE
FRESNO, CA 93720

Meet Director: Adam Reid (626)318-0994 cell, (559) 327-2031 work

Meet Referee: Shawn Holbrook

Wednesday, MAY 3 – Diving Finals

Gates open	7:00 AM
General Warm up	7:00 AM
Boys Warm up	8:00 AM
Boys Competition	9:00 AM
Girls Warm up	12:00 PM or after girls awards
Girls Competition	1:00 PM (or 1 hour after warm-up starts)

*Girls competitors should plan to be at pool by 11:30am.

*Top 4 competitors from each Division qualify for the State Qualifier meet on May 4.

Thursday, MAY 4 – Diving State Qualifier

Gates open	9:00 AM
Boys Warm up	9:00 AM
Boys Competition	10:00 AM
Girls Warm up	11:00 AM
Girls Competition	12:00 PM (or 1 hour after warm-up starts)

*Top 4 competitors qualify for the State meet on May 11.

FRIDAY, MAY 5 - Girls and Boys Swimming Prelims

Gates open	9:45 AM
Coaches Meeting	10:45 AM – 11:00 AM
Warm-ups	11:00 AM – 12:45 PM
Competition	1:00 PM – 5:30 PM

SATURDAY, MAY6 - Girls and Boys Swimming Finals

Gates open	7:45 AM
Coaches Meeting	8:45 AM – 9:00 AM
Warm-ups	9:00 AM – 10:15 AM
Competition	10:30 AM – 2:00 PM

Meet Entries: All coaches are expected to use the Hy-tek program to enter their swimmers and divers. If you do not have the program, you may go to www.hy-tek.com and download a free copy of the program by clicking on download center and download Swimming Demo Team Manager II Lite (free). The event file will be posted at <http://www.cloviswestaquatics.com> download the file and fully enter your athletes. A pdf copy of your team entries needs to be submitted with the Hytek file as a back up for clerical mistakes. Please review your pdf to make sure there are no errors in events entered. Events will not be changed once psych sheet is posted on the website.

- Please include school name, athlete's first and last names, current year in school (Fr, So, Jr, Sr), event(s), and provable time(s).
- If you have club swimmers that would like to have their swim observed, please include their USS swimming ID in your Team Manager entry file. There are new USS numbers this year. There will also be a sign-up book at the meet for athletes to add USS ID.

Meet Entries continued:

- When you have completed your entry file, please email file to Jen McDougal:
jenmcdougal@sbcglobal.net
- **Entries are due by Sunday, April 30, at 12:00 noon. This includes diving entries. Please include divers in your entries.**
- **Late entries will not be accepted.** Entries will be posted on the website by 4:00 pm on Sunday, April 30. **Corrections must be made Monday, May 1, by 10:00 am.**
- **PLEASE MAKE SURE THAT YOU INCLUDE A PHONE CONTACT IN YOUR EMAIL SO WE MAY GET A HOLD OF SOMEONE IN CASE OF ISSUES WITH ENTRIES.**

Each team will be permitted a maximum of four entries in an individual event and one relay team per relay event. A competitor shall be permitted to enter a maximum of two individual events and two relay events, or one individual event and three relays. Coaches must enter alternates on the relays (up to 4). Each relay can have up to 8 names listed. Relay swims will not count against the swimmer entry count until they swim in prelims or finals. If a relay qualifies for CIF State Championships, a new set of 8 names can be submitted to meet management at the end of the CIF Section meet before leaving the pool deck.

Swimming prelims will run 8 lanes. Consideration times will be used to fill to 32 athletes per event. Swimming finals will be 8 lanes with top 16 qualifying for finals.

Dive Entries

Dive entries must be entered with the Hytek team swimming & diving entry on *Sunday, April 30, by 12:00 p.m.* along with the swim entries. Dive sheets with score, League results, or invitational results showing proof of qualifying score need to be emailed to adamreid@cusd.com. Qualified diving competitors will be able to submit dive sheets with their eleven dive list on www.divemeets.com starting on *Monday, May 1, at 8:00 a.m.* Dive sheet entry through www.divemeets.com will close on *Tuesday, May 2, at 12:00 p.m.* Entries for all swimmers & divers will close and are final, except for circumstance of clerical error, at 12:00 p.m. on Sunday, April 30. No other entry additions will be accepted after the *Sunday* deadline of 12:00 p.m. **Divemeets.com is strictly a dive list and not an official entry into the meet. Hytek files are the official entry.**

Dive sheets must be filled out according to C.I.F. regulations. Please see the www.divemeets.com help section if you have any questions. No handwritten score sheets will be accepted as entries. Changes to the dive list will be permitted up to 30 minutes prior to the beginning of a given event. Notice will be given over the P.A. system prior to the closing of that time period. During competition, there will be cuts following the fifth (20 divers) and eighth round (16 divers) for each division (1 & 2). In the event that there are more than 32 divers, there will be a cut at round three to 32 divers for each Division (1 & 2).

Entry Fees: The entry fee is \$2.00 for each individual swim and/or diving event entered. Relays are \$8.00. Any swimmer listed as an alternate for relays is charged \$2.00 per relay listed. Please make sure that they are included in your database file. (ex) An athlete entered in the 100 fly, 500 free, and two relays will be charged \$8.00 – or \$2.00 per entry. An athlete listed as an alternate on two relays will be charged \$4.00 – or \$2.00 per entry. No athlete will be charged more than \$8.00. **Please remember that an athlete may not swim in a relay if they are not officially entered into the meet. CIF will bill schools the amount for their entry fees. You do not bring a check to the meet.**

Rules: The meet will be run accordance with the National Federation Rule book and the CIF Central Section Swimming & Diving Regulations. The CIF regulations can be found at www.cifcs.org

Qualification: All swimming qualifying times must have been equaled or bettered at a 2023 CIF sanctioned dual meet, invitational, or championship meet. Time trials, club meets, or exhibition swims cannot be used. Swimmers/relays must be entered with their best time for the 2023 season. **All coaches must be prepared to show meet results as proof that the time standard has been achieved in accordance with the rules.**

Spectator Admission

All tickets must be purchased online through GoFan (<https://gofan.co/app/school/CIFCS>).

There will be no cash sales available at the gate.

Fees:	<u>Adults</u>	<u>Students/Seniors</u>
Diving Finals	\$8.00	\$6.00
Swimming Prelims	\$7.00	\$5.00
Swimming Finals	\$8.00	\$6.00

Only approved CIF & State Play-Off & Lifetime Passes will be honored.

Suit policy: Deck Changing is not permitted by NFHS rules. Locker rooms will be available for changing. ***Two-piece suits are NOT permitted on deck or in the warmup pool.***

Parking Info: Dive parking on Wednesday & Thursday will be free in the main lot off Teague and Millbrook. All swim parking for Friday & Saturday can be accessed off the Millbrook/Cole intersection. Swim parking will not be permitted in the main lot off Teague and Millbrook. There will be a \$5.00 general parking fee at the facility on Friday and Saturday for all cars and school vans. This will include cars with handicap passes. RV's will not be allowed on school grounds during any day of competition. School Buses can drop athletes off near pool entrance but will exit lot and park on the street. All vehicles entering the lot will be charged \$5. Athletes needing to be dropped off will use the Drop Off Area on Teague Ave (area west of track). Parking will open at 9:30 am on Friday, May 5, and 7:30 am Saturday, May 6. See attached Parking Map.

Facilities: Restrooms and showers are provided on premises. Please do not leave personal items unattended in these areas. Shaving on site is not permitted.

Snack Bar: A snack bar and food vendors will be on site for your convenience breakfast, lunch, snacks, and drinks will be available for a reasonable price. Hospitality will be provided for all coaches and officials.

Commemorative T-Shirts: A vendor will be on site to sell t-shirts.

Swim Suits and Accessories: Elmore Swim Shop will be on site to sell caps, goggles, suits, and other swimming accessories.

Awards: Team awards will be given to the top two teams for boys and girls in Division 1. Top 8 individual/relay places will receive awards.

State Qualification: The top 3 placers from CIF Central Section Championships (combined D1 & D2) for individual and relay swimming events will be eligible for advancement to the CIF State Championships. Athletes must declare at the Section Championship meet their intent to compete at the State Championships. If one of the top 3 placers declines, the Section will send the next eligible athlete. For diving, CIF Central Section will advance the top 4 placers (combined D1 & D2) from the State Dive Qualifier on May 4 to the CIF State Championship.

2023 Central Section Time Standards – Division 1

GIRLS		SECTION QUALIFYING 2023	BOYS	
CONSIDERATION	AUTOMATIC	EVENT ORDER	AUTOMATIC	CONSIDERATION
2:12.22	1:57.67	200 MED RELAY	1:45.84	1:54.84
2:18.90	2:04.78	200 FREE	1:50.23	1:56.90
2:33.76	2:18.73	200 IM	2:08.44	2:20.98
27.06	25.70	50 FREE	22.76	24.03

1:10.00	1:02.16	100 FLY	55.60	58.90
1:00.25	56.03	100 FREE	49.95	52.33
6:12.73	5:23.83	500 FREE	5:00.06	5:17.91
1:59.74	1:49.24	200 FREE RELAY	1:35.54	1:42.83
1:10.34	1:03.60	100 BACK	58.10	1:03.77
1:19.71	1:11.73	100 BREAST	1:03.87	1:11.31
4:29.68	3:59.03	400 FREE RELAY	3:33.37	3:50.40
260.00	312.50	Diving	299.45	260.00

❖ Top 32 Swimmers and Divers qualify per event